

Aldwark Manor Golf & Spa Hotel
York

Get ready for summer

6 week membership only £55



QHOTELS

Call us today **01347 833 941**
or pop in to the health club

A tailored induction plan

15m indoor swimming pool

State-of-the-art machinery



Get ready for the summer with a six week fitness membership at Aldwark Manor Golf & Spa Hotel for only £55

As part of your exclusive six week membership you will have access to our fully equipped gym, beautiful swimming pool and spa area. As well as all of this you will be given your own personalised plan to achieve and maintain your goals.

Whether you would like to change your shape, tone up, or simply change your lifestyle, our friendly fitness team will be on hand every step of the way, to offer you as much guidance, assistance and advice as you need.



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