

Pick yourself up a **FREE** personal training session!

Thank you for visiting our club.

As an extra incentive to help you make the decision to kick-start your health and fitness programme, if you join within the next 72 hours you will receive a **FREE** 30 minute Personal Training session and 3 x 7 day leisure club passes for friends and family.



**Save
£240***
*your FREE joining pack is
worth up to £240

[Click here to take advantage of this great offer](#)

Scotland & North

The Westerwood Hotel & Golf Resort - Nr Glasgow
Aldwark Manor Golf & Spa Hotel - York
Tankersley Manor - Nr Sheffield
The Park Royal - Warrington
Crewe Hall - Cheshire
The Midland - Manchester

Midlands & East Anglia

Forest Pines Hotel & Golf Resort - Nth Lincolnshire
The Nottingham Belfry - Nottingham
Telford Hotel & Golf Resort - Shropshire
Chesford Grange - Warwickshire
Hellidon Lakes Golf & Spa Hotel - Northamptonshire
The Cambridge Belfry - Cambridge
Stratford Manor - Stratford-upon-Avon

South

The Cheltenham Chase Hotel - Cheltenham
The Oxford Belfry - Oxford
The Hampshire Court Hotel - Hampshire
Norton Park - Hampshire
Bridgewood Manor - Rochester, Kent
Ashford International Hotel - Kent